

Maximising Success: Getting the Most out of Your Early Intervention Team

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Autism Partnership

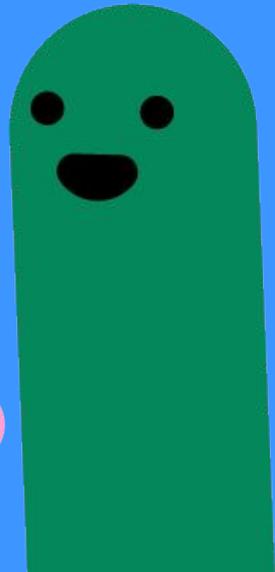
Offers a range of evidence-based
intervention & supports for
children aged 2 - 12 yrs

Providing intervention for children with
autism & their families for 25+ years

Session objectives

- Guide you to understand the **roles and responsibilities** of each professional on your child's intervention team.
- Help you design **meaningful and measurable goals** that align with your child's unique needs and family priorities.
- Encourage you to build strong and **collaborative relationships** with your team through open and constructive communication.
- Guide you in how to **advocate for your child** to ensure their needs are met.
- Help you to incorporate early intervention techniques into **daily routines** at home.

Roles & Responsibilities





Behavioural Consultant/ Psychologist



- Understand Behaviour
- Build Positive Supports
- Develop Individualised Behaviour Plans
- Support Emotional Regulation
- Family & Team Coaching

Speech and Language Pathologist

- Develop a communication system for your child
- Teach language concepts
- Can assess feeding and swallowing
- Social Communication
- Speech Sounds
- Functional Communication



Occupational Therapist



- Self-Regulation & Sensory Processing
- Fine Motor Skills
- Gross Motor Skills
- Daily Living Skills (Independence)
- Organisational skills

Other:

- Physiotherapist
- Dietician
- Psychiatrist
- Support Worker

Clinician Responsibilities



- Client-Centred Care
- Assessment & Planning
- Intervention & Support
- Collaboration & Teamwork
- Education & Empowerment
- Monitoring & Review
- Professional and Ethical practice



Designing Meaningful & Measurable Goals



1. Key Priorities

- What are the the main goals you want to achieve in the next 3-6 months?
- If you had to pick 2-4 key priorities, what would these be?
- Develop consensus across your team about working on these goals?
- Summarise these priorities in one central document to share with your team

Developmental Domains

Learning & Behaviour

Language & Comm.

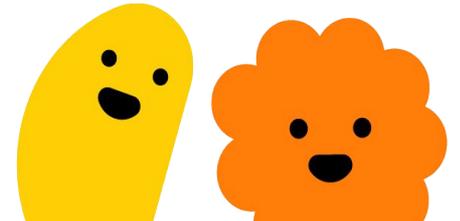
Social Skills

Play

Motor Skills

Daily Living Skills

Safety & Community



Meaningful Goals Considerations:

Skills and Opportunities **03**

Daily Quality of Life:
Eating, sleeping, and toileting **02**

Safety and Communication **01**

2. Break it down

- Each goal will be made up of lots of mini-steps
- Each mini-step helps your child work towards achieving their goal
- Work with your team to list down the first steps towards your priority goals

Goal

Toilet
Training

Steps

1. Comfortable sitting on toilet

2. Comfortable not wearing nappy

3.

4.

5.

6.

7.

8.

9.

10. Independently takes self to toilet at home and kinder

Mini-Steps

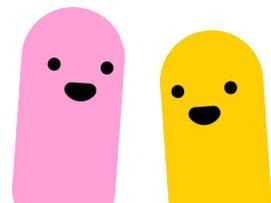
Comfortable sitting on toilet

-Transitions calmly to bathroom

-Happily stays in bathroom for 5 mins to play

-Happily sits on toilet for 2 mins while holding a toy

-Happily sits on toilet for 2 mins, holding a toy,



3. Define Success

- What will it look like if your child achieves their mini-goal?
- What would limited/no progress look like?

Comfortable sitting on toilet

-Transitions calmly to bathroom

Progress looks like:

My child can:

- *calmly transition to the bathroom*
- *at home*
- *with either parent*

Limited/ no progress looks like:

My child:

- *isn't calm on transition*
- *can do it with only one parent*

4. Set Measurable Goals

- How will you know when the goal has been achieved?
- Setting a measurable goal allows a shared understanding of achievement

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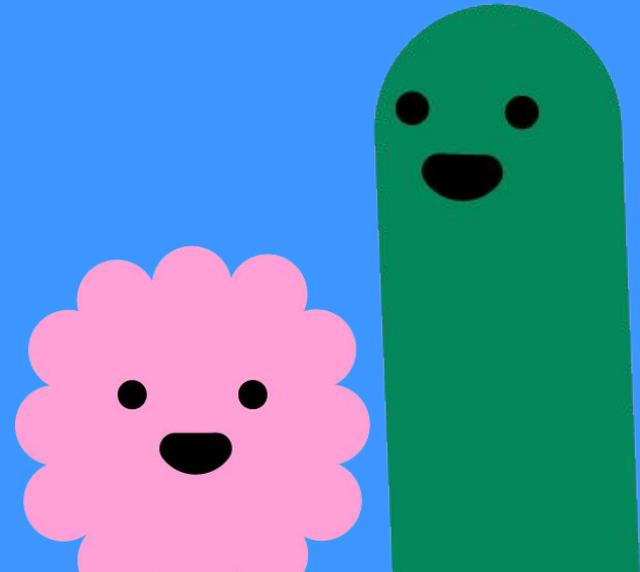
- *calmly transition to the bathroom*
- *at home*
- *with either parent*
- **at least 80% of the time across a week**

5. Record progress

Comfortable sitting on toilet -Transitions calmly to bathroom

	YES	NO
Mon	II	III
Tues	III	0
Wed	II	0
Thurs	II	I
Fri	III	0
Sat	II	0
Sun	III	0
Total	17 (80%)	4

Building Collaborative Relationships



Collaborative Relationships

- Think “Partnership”
- Share Openly
- Set Goals Together
- Expect Accountability
- Try It & Tell Them



Building Your Advocacy Skills



First Things First

- Know what you want your child to achieve
- Gather the expert wisdom from your team about what your child is able to learn
- Be clear on the goals & priorities
- Strong advocacy comes with strong collaborative relationships
- Speak your mind, state your expectations

Reflection

- Have review points where you work with your team to reflect on progress
- Build a shared language around goals & progress
 - Success looks like ...
 - Limited progress looks like ...

Shared Decision Making

- Given what we know about the child, the goals and the progress to date, what is the best way forward?
 - Adjust goal?
 - Extend to next goal?
 - Pause on this goal and try something else?

Incorporating Goals at Home



Incorporating Goals at Home



- Set realistic expectations for yourself
- Careful planning
- Be brave!
- Be flexible!
- Aim to end on a positive note

Upcoming webinars

Helping Your Child Make Meaningful Progress

21 Oct, 12.00 noon AEST

Gain a better understanding of what meaningful progress is and the tools to help you evaluate how your child is going with any ongoing intervention/therapy.

Navigating the NDIS for Early Intensive Intervention

29 Oct, 12.30 pm AEST

Gain a better understanding of how to step up to more intensive supports

To register

<https://autismpartnership.com.au/free-talks-and-blog/>

OR scan the QR code



Thank you

www.autismpartnership.com.au

